

City School District of Albany May Albany International Center Lunch Menu

Fresh Fruit & Baby Carrots Available Daily

WG Cheesy

Breadsticks

Dipping sauce

Steamed Corn

Romaine Salad

Mixed Fruit

3

WG Grilled
Cheese
Sandwich
Oven Baked Fries
Baby Carrots

Diced Pears

Diced Chicken and
Black Bean Rice
Bowl
WG Cheez-it
Crackers
Black Beans
Broccoli Bites
Applesauce

Beef Meatball
Sub WG Roll
Steamed Green
Beans
Red Pepper
Strips
Peach Cup

WG Chicken

Tenders

WG Cheez-it

Crackers

WG Dinner Roll

Vegetarian Beans

Red Pepper Strips Peach Cup

9

Brunch for Lunch
WG French Toast
Sticks
Chicken Sausage
Patty
Smile Fries

Baby Carrots

Pineapple

Turkey, Cranberry

& Stuffing WG

Flatbread

Sandwich

Steamed Carrots

Celery Sticks

Pineapple

WG Cheese Pizza
Caesar Salad
Steamed Carrots
Mixed Fruit

13 Turkey Nachos

Turkey Taco Meat w/
WG Tortilla Chips,
Cheddar Cheese
Sauce
WG Dinner Roll
Pinto Beans
Red Pepper Strips
Diced Pears

14 Burger Day

Cheese, Plain or Veggie Burger on WG Bun Broccoli Bites Steamed Corn Applesauce 15 Popcorn Chicken Bowl

> WG Popcorn Chicken over Mashed Potatoes, Steamed Corn, Shredded Cheddar WG Dinner Roll Baby Carrots Peach Cup

16

Sloppy Joe on a WG Bun Oven Baked Fries Celery Sticks Pineapple WG Cheesy Breadsticks Dipping sauce Steamed Broccoli

Romaine Salad

Mixed Fruit

20

WG Corn Dog w/ WG Graham Crackers Cucumber Coins Vegetarian Beans Diced Pears NO SCHOOL

PD DAY

21

Brunch for Lunch
WG French Toast
Sticks
Chicken Sausage Patty
Smile Fries
Baby Carrots
Peach Cup

22

23

WG Cheese Pizza Caesar Salad Steamed Carrots Pineapple 24

NO SCHOOL

NO SCHOOL

MEMORIAL

DAY

NO SCHOOL

NO SCHOOL

30

Bean & Cheese Nachos WG Tortilla Chips WG Dinner Roll Refried Beans Baby Carrots Pineapple 31

WG Cheesy Breadsticks Dipping sauce Steamed Broccoli Baby Carrots Mixed Fruit

8oz. Fat Free Chocolate and 1% White Milk available Daily.
Lactose/ Dairy Free Milk available as needed. Alternate
Entrée by Request; Nut Butter and Jelly Sandwich offered
with a cheese stick and cracker, Vegetarian Hummus Wrap or
a Deli Sandwich: M-Turkey T-Bologna W-Chicken T-Turkey
Ham F-Tuna

If you have any questions, please contact Lisa Perron Director of Food Service at 518-475-6644 x 4

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