



City School District of Albany May Middle School Lunch Menu
(Myers, Hackett & North Albany)

*Fresh Fruit & Baby Carrots Available Daily.

		<p>1 <u>Turkey Tacos</u> Turkey Taco Meat, WG Shell, Cheddar Cheese, Pinto Beans Salsa & Sour Cream Red Pepper Strips WG Dinner Roll Peach Cup</p>	<p>2 <u>Sweet & Sour</u> Chicken over WG Rice & WG Dinner Roll Steamed Broccoli Celery Sticks Pineapple</p>	<p>3 WG Cheesy Breadsticks Steamed Green Beans Caesar Side Salad Mixed Fruit</p>
<p>6 WG Chicken Tenders WG Dinner Roll & WG Cheez-It Crackers Steamed Carrots Cucumber Coins Diced Pears</p>	<p>7 <u>Burger Day</u> (Beef, Veggie or Turkey) on a WG Bun Vegetarian Beans Broccoli Bites Applesauce</p>	<p>8 <u>BBQ Oven Roasted</u> Chicken Mashed Potatoes w/ Creamy Coleslaw Baby Carrots WG Biscuit Peach Cup</p>	<p>9 <u>Salad Bar</u> Choose from WG Popcorn Chicken (Plain or Spicy) Romaine Salad, WG Croutons, WG Dinner Roll & Assorted Toppings Cauliflower Bites Pineapple</p>	<p>10 <u>Personal Pan Pizza</u> Choice of Cheese or Pepperoni on 7inch Shell Romaine Side Salad Baby Carrots Mixed Fruit</p>
<p>13 WG Boneless Chicken Wings (Plain, BBQ or Buffalo) WG Dinner Roll WG Cheez-it Crackers Vegetarian Beans Baby Carrots Diced Pears</p>	<p>14 <u>Brunch for Lunch</u> WG French Toast Sticks Chicken Sausage Patty Smile Fries Cucumber Coins Applesauce</p>	<p>15 <u>Chicken Krispito</u> Seasoned, Diced Chicken & Cheeses Rolled in Crispy WG Tortillas Steamed Corn Red Pepper Strips Peach Cup</p>	<p>16 WG Cheesy Breadsticks Steamed Green Beans Broccoli Bites Pineapple</p>	<p>17 WG Fish Sandwich on WG Bun Steamed Peas WG Belly Bear Crackers Romaine Salad Mixed Fruit</p>
<p>20 <u>Loaded Tots</u> WG Popcorn Chicken, Diced Turkey Bacon, Cheddar Cheese Sauce & Scallions over Tater Tots WG Cheez-it Crackers Baby Carrots Diced Pears</p>	<p>21 NO SCHOOL PD DAY</p>	<p>22 <u>Burger Day</u> (Beef, Veggie or Turkey) on a WG Bun Vegetarian Beans Broccoli Bites Peach Cup</p>	<p>23 <u>Buffalo Chicken</u> Wing Dip w/ Tortilla Chips WG Breadstick Celery Sticks Baby Carrots Pineapple</p>	<p>24 NO SCHOOL</p>
<p>27 NO SCHOOL MEMORIAL DAY</p>	<p>28 NO SCHOOL</p>	<p>29 NO SCHOOL</p>	<p>30 <u>Turkey Hotdog</u> on WG Bun Chickpea Salad Baby Carrots Pineapple</p>	<p>31 Baked Ziti w/ WG Penne Pasta WG Garlic Breadstick Broccoli Bites Steamed Green Beans Mixed Fruit</p>

8oz. Fat Free Chocolate, White and 1% Milk available Daily. Lactose/Dairy Free Milk available as needed. Alternate Daily Entrée: Cheese Pizza, Vegetarian Hummus Wrap, Chicken Salad and Veggie Salad w/ Dinner Roll, Nut and Jelly Uncrustable Sandwich served with Crackers and String Cheese, Cheese/Hamburger, Veggie Burger, Turkey Burger and an Assortment of Deli Sandwiches *

If you have any questions, please contact Lisa Perron Director of Food Service at 518-475-6644 x 4