

1



2



3



4



5



8

WG Corn Dog  
WG Graham Crackers  
Steamed Corn  
Baby Carrots  
Diced Pears

9

General Tso  
Chicken over WG  
Rice & WG Dinner  
Roll  
Steamed Broccoli  
Red Pepper Strips  
Applesauce

10

NO SCHOOL

11

Burger Day (Beef,  
Veggie or Turkey)  
on a WG Bun  
Vegetarian Beans  
Celery Sticks  
Pineapple

12

**Personal Pan Pizza**  
Choice of Cheese or  
Pepperoni on WG Shell  
Romaine Side Salad  
Steamed Green Beans  
Mixed Fruit

15

WG Chicken Tenders  
WG Dinner Roll &  
WG Cheez-It Crackers  
Steamed Carrots  
Cucumber Coins  
Diced Pears

16

**Brunch for Lunch**  
WG French Toast  
Sticks Chicken  
Sausage Patty  
Smile Fries  
Cucumber Coins  
Applesauce

17

**Buffalo Chicken Nacho**  
Seasoned & Diced  
Spicy Chicken over  
WG Tortilla Chips &  
WG Rice  
Red Pepper Strips  
Peach Cup

18

**Goulash**  
WG Elbow Pasta in a  
Meat Sauce  
WG Cheesy Breadstick  
Caesar Side Salad  
Steamed Peas  
Pineapple

19

Spicy Chicken  
Patty on WG Bun  
Vegetarian  
Baked Beans  
Baby Carrots  
Mixed Fruit

22

BBQ Oven Roasted  
Chicken  
w/ Creamy Coleslaw  
WG Biscuit  
Steamed Carrots  
Celery Sticks  
Diced Pears

23

Turkey Hotdog on  
WG Bun  
Spicy Waffle Fries  
Celery Sticks  
Applesauce

24

**Beef Crunch Wrap**  
WG Chips, Beef Taco  
Meat, Cheddar Cheese  
Sauce  
WG Belly Bears  
Black Beans  
Green Pepper Strips  
Peach Cup

25

**Salad Bar**  
Choice of Buffalo, BBQ or  
Plain Popcorn Chicken  
Romaine Salad, WG  
Croutons and Assorted  
Toppings  
WG Dinner Roll  
Broccoli Bites  
Pineapple

26

WG Cheesy  
Breadsticks w/  
Dipping Sauce  
Steamed  
Broccoli  
Baby Carrots  
Mixed Fruit

29

WG Chicken  
Nuggets  
WG Soft Pretzel  
Steamed Peas  
Baby Carrots  
Diced Pears

30

Shepards Pie  
Ground Beef  
Peas & Carrots,  
topped with  
Mashed Potatoes  
WG Garlic  
Breadstick  
Cucumber Coins  
Applesauce

Fish?  
Jalapeno Mozz?  
Bk Pot Bar?  
Mac n Chz?  
Ziti?  
Boneless Winas?

8oz. Fat Free Chocolate, White and 1% Milk available Daily. Lactose/  
Dairy Free Milk available as needed. Alternate Daily Entrée: Cheese  
Pizza, Vegetarian Hummus Wrap, Chicken Salad and Veggie Salad w/  
Dinner Roll, Nut and Jelly Uncrustable Sandwich served with WG  
Crackers and String Cheese, Cheese/Hamburger, Veggie Burger, Turkey  
Burger and an Assortment of Deli Sandwiches \*

If you have any questions, please contact Lisa Perron Director  
of Food Service at 518-475-6644 x 4